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News Release

VISIBLE GOLD MINES' STADACONA CONTINUES TO PROVIDE STRONG RESULTS – IP SURVEY COMPLETED

Rouyn-Noranda, Québec, Canada – April 01, 2009 – Visible Gold Mines Inc. (VGD: TSX Venture Exchange) is pleased to announce the results from the 2008 drilling program on the company's Stadacona gold project. The property is located in the centre of Rouyn-Noranda Township in northwestern Quebec. The property is comprised of 78 mineral claims, covering a surface area of 1,563 hectares. All of the claims are in full force and effect.

The two past producers, the Noranda Mine and the Stadacona Gold Mine are situated approximately 1.0 km north and 400 m west, respectively, from northern and western boundaries of the Stadacona East property.

The property is underlain by mafic to felsic metavolcanic rocks of the very important Blake River Group. Two economically significant structures host gold mineralization on the Stadacona East property (see the 43-101 technical report on our website, www.visiblegoldmines.com).

Martin Dallaire, the president and CEO stated, "This 2008 drilling campaign has confirmed continuity of the gold mineralized zone in depth on the west part of the property and provide us very encouraging high grade results on the east side of the property. These results support our strong belief that excellent potential exists on the property."

A geophysical campaign was also carried out over the property, a total of 29.8 km of magnetic surveying and 23.6 km of IP surveying were carried out over three blocks on the east side of the property. A total of twenty-five anomalies were interpreted and drilling could be carried out over eight of the most promising IP anomalies. A 2009 drilling campaign will be announced to test those anomalies. The survey report is available on our website.

2008 Stadacona-East Drilling Results

Hole no.	Holes location (UTM NAD 83)		Azimuth	Dip	Length (m)	From	To	Length (m)	Grade (g Au/T)
	EAST	NORTH							
FB-08-112	646673	5342624	150	65	1200	908,0	912,2	4,2	5,39
FB-08-112A	646673	5342624			90	cancelled	cancelled	cancelled	cancelled
FB-08-112B	646673	5342624	154	54	532	781,1	782,5	1,4	2,60
						779,6	783,6	4,0	1,20
						916,6	919,1	2,5	3,98
FB-08-112C	646673	5342624	145	65	477	904,8	906,3	1,5	0,94
FB-08-113	646756	5342581	150	70	1092	585,0	586,0	1,0	4,50
						959,2	960,3	1,1	2,20
						973,0	985,0	12,0	3,70
						988,0	989,0	1,0	3,10
						998,0	999,0	1,0	2,78
FB-08-113A	646756	5342581	160,2	62,3	640	585,0	586,5	1,5	1,78
						714,5	716,3	1,8	3,40
						720,8	722,3	1,5	2,87
						973,8	975,0	1,3	2,55
						977,5	979,0	1,5	2,43
						982,0	984,4	2,4	3,23
FB-08-114	646863	5342604	150	65	900	55,4	56,4	1,0	4,70
						659,1	660,8	1,7	6,28
						850,5	852,0	1,5	2,35
FB-08-115	646756	5342581	137	58	1100	748,8	751,7	2,9	3,50
						799,1	800,1	1,0	4,80
						914,4	915,4	1,0	1,85
FB-08-116	646870	5342950	135	60	1500	393,5	395,5	2,0	0,97
						532,9	533,9	1,0	1,00
						643,4	644,4	1,0	1,10
						1 098,8	1 101,4	2,6	2,03
						1 272,4	1 273,4	1,0	2,70
FB-08-117	646870	5342950	145	63	1512	483,4	484,4	1,0	1,00
						1 062,1	1 062,7	0,6	4,00
						1 122,0	1 123,0	1,0	0,60
FB-08-118	648003	5344054	145	60	1026	62,2	63,1	0,9	23,00
						607,8	608,5	0,7	7,70
						956,3	957,8	1,5	2,99
						979,1	981,8	2,7	1,83
FB-08-119	650196	5342455	340	61	862				trace

Options

Visible Gold Mines' board of directors has granted an aggregate of 50,000 stock options to a director of the company. The exercise price of the options is \$0.20 and are for a term of five years. The options were granted pursuant to Visible Gold Mines' stock option plan.

Quality Assurance/Quality Control

Visible Gold Mines has implemented and adheres to a strict Quality Assurance/Quality Control program which includes mineralized standards and blanks for each batch of samples. Assay samples are taken from drill core sawed in half with one half sent to a commercial laboratory and the other half retained for future reference. Analyses are either performed by Techni-lab S.G.B. Abitibi inc. in Sainte-Germaine, Quebec, or by Expert Laboratory Inc. in Rouyn-Noranda, Quebec, both accredited laboratories.

Qualified Person

The 2008 drilling program was carried out under the supervision of Laurent Hallé, geologist and qualified person as per National Instrument 43-101.

About Visible Gold Mines Inc.

Visible Gold Mines is a company focused on gold in the prolific Abitibi Gold Belt in Canada. The Company has 25,369,929 shares outstanding, no debt and cash liquidity of \$1.3 millions representing \$0.05 per share.

Forward-looking Statements

This news release contains certain forward-looking statements. These forward-looking statements are subject to a variety of risks and uncertainties beyond the ability Visible Gold Mines to control or predict, which could cause actual events or results to differ materially from those anticipated in such forward-looking statements, including risks disclosed in filings with the Canadian securities regulators made by Visible Gold Mines. Accordingly, readers should not place undue reliance on forward-looking statements.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this press release.

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