



News Release

VISIBLE GOLD MINES APPOINTS NEW VICE-PRESIDENT EXPLORATION

Rouyn-Noranda, Québec, Canada – October 19, 2009 – Visible Gold Mines Inc. (VGD: TSX Venture Exchange) is pleased to announce the appointment of Mr. Robert Sansfaçon as vice-president exploration. M. Sansfaçon has acquired 30 years of experience as an exploration geologist which consists of twelve years as a project manager for Lac Minerals Ltd (now Barrick Gold) and also several years as a consultant or as a project geologist for some junior mining companies and for the Government of Quebec. He has been implicated in exploration of gold and base metals in Canada and in Russia.

Mr. Sansfaçon has a Geology Bachelor degree from Montreal University (1977) and a Master degree in Earth Science from the Quebec University (1983) in Montreal (Canada). He also obtained a European Master degree in International Management of Small Businesses and Territories from Paul Valery University (2002) at Montpellier in France.

Martin Dallaire, president of Visible Gold Mines, said: "We are very proud to add Mr. Sansfaçon to our exploration team. Robert has developed over the years a unique expertise in structural geology and gold. He will be a great asset for Visible Gold Mines future development".

Options

The Company also announces that the board of directors has granted an aggregate of 610,000 stock options to four directors, two employees and one consultant. The exercise price of the options is \$0.17 for a term of five years. The options were granted pursuant to Visible Gold's stock option plan.

About Visible Gold Mines Inc.

Visible Gold Mines is a company focused on gold in the prolific Abitibi Gold Belt in Canada. The Company has 25,469,929 shares outstanding, no debt and cash liquidity of \$1 million representing \$0.04 per share.

Forward-looking Statements

This news release contains certain forward-looking statements. These forward-looking statements are subject to a variety of risks and uncertainties beyond the ability Visible Gold Mines to control or predict, which could cause actual events or results to differ materially from those anticipated in such forward-looking statements, including risks disclosed in filings with the Canadian securities regulators made by Visible Gold Mines. Accordingly, readers should not place undue reliance on forward-looking statements.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of the release.

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